

In this month's newsletter we will be sharing on the causes of sickness and disease.

1. WE LIVE IN A FALLEN WORLD

Because of Adam's sin of disobedience to God's command the result was sickness, disease, death, poverty and rebellion on all humanity. Read Genesis 3.

All you have to do is turn on the evening news most of which is bad and it all has its roots back to the Garden of Eden. Think about it, if Adam had not sinned, what would it be like on planet earth? It would be heaven on earth.

2. THE LAW OF SOWING AND REAPING -

Galatians 6:7-8 "Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap. 8 For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life." Our bodies are the temple of the Holy Spirit. I Corinthians 6:19-20 "Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? 20 For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's." If we do not take care of our bodies with proper rest, nutrition and exercise we reap the result. At the same time we are not to be imbalanced and make an idol out of our bodies.

Even more important is keeping our emotions in balance. If we are prone to anger or temper tantrums this effects the organs in our bodies and the chemicals in our brains. This can cause high blood pressure and/or digestive problems. Our emotions play a big part in our health and well being.

3. STRESS, ANXIETY AND FEAR

A. - Stress - We live in a society where to be stressed out is the "new norm". We push and drive ourselves past the limits, which effects our immune system. As a result we get sick more easily than we should. The definition of stress from the American Heritage Dictionary - A mentally or emotionally disruptive or upsetting condition; occurring in response to adverse, internal influences and capable of affecting physical and mental health usually characterized by; increased heart rate, a rise in blood pressure, muscular tension, irritability and depression. A stimulus or circumstance causing such a condition.

Does this sound familiar to anyone? We also tend to get weak spiritually during these times as well. Pro 18:14 "The strong spirit of a man sustains him in bodily pain or trouble, but a weak and broken spirit who can raise up or bear?"

B. - Anxiety and fear

We all have experienced this at one time or another. All we have to do is turn on the news and listen to all the bad news and projections of what might be happening in our nation and around the world. Jesus said in John 14:27 "Peace I leave with you; not as the world gives do I give you. Let not your heart be troubled; neither let it be afraid"

Isaiah 26:3 "You will keep him in perfect peace, whose mind is stayed on you, because he trust you."

There is a rise of the disease fibromyalgia; of which doctors say there is no cure. During the Lakeland revival in 2008, we were astounded at the number of people each night coming forward to testify of being healed of this disease in the services. Most affected by this disease were women.

4. SIN

When we disobey God's word and sin, it opens the door for the enemy to attack us; physically, spiritually, emotionally or financially. Read Deuteronomy 28 it details the blessings of obedience and the curses of

SIN (cont'd)

disobedience. Psalm 91:1 (read the entire chapter) "He who dwells in the secret place of the most High shall abide under the shadow of the Almighty". This is our place of protection.

One area we do not hear spoke of as being a cause of sickness or disease is not honoring our father and mother. Exodus 20:12 "Honor your father and your mother, that your days may be long upon the land which the LORD your God is giving you.

5. GENERALTIONAL CURSES

Patterns of sin, sickness and disease. - Exodus 20:3-5, "The sins of the fathers are passed down to the third and fourth generation." Generational/family line patterns of sickness and disease. What is the first thing you do when you go to the doctor, especially when it is your first visit. They give you a questionnaire to find out all the family history of who had this or who had that disease or illness. The thought process is that if someone in your family had a problem then you will or might have the same issue. Propensity to illness (physically or mentally) can be passed down through our blood lines.

6. NEGATIVE WORDS (Ours or Others)

Proverbs 18:21 relates that "Death and life are in the power of the tongue and they that love it shall eat the fruit thereof." We must be careful what we say and declare over our lives and our family's lives. We can speak cursing over ourselves, opening the door for sickness or disease. Example, "well it is flu season and I always get the flu." We have just spoke a self-fulfilling curse on ourselves and we well get the flu or anything else we speak. We also must be on guard to what others are saying about us and over us. Negative words from others can become word curses. Example, someone begins to speak to you, "you look sickly, your color is not right, you must have something wrong." We cannot allow ourselves to come into agreement with these words which the enemy uses as "word curses" against us to bring sickness and disease in our lives.

7. THE ENEMIES ATTACKS

The attack of the enemy comes to stop and hinder us from the life of God. Our attention is now on the attack rather than on Jesus. So many times we have experienced and seen this happen. We find ourselves focused on the symptoms of the sickness or disease. This is the tactic of the enemy to stop you from believing that by the stripes of Jesus we are healed. The attack does not determine our condition, the Word of God declares we are healed by the stripes Jesus bore. (Isaiah 53:5, I Peter 2:24, Matthew 8:17)

HEALING ENCOUNTER
THE SECOND SUNDAY OF EVERY MONTH
AT 7:00 PM

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